SAJSS
San Antonio Jewish Senior Services






SAJSS
San Antonio Jewish Senior Services

Barshop JCC of San Antonio

SAJSS
# Food for Thought

Registration & payment required by Aug. 14:
tinyurl.com/2wuem64f

# MANAGING MEDICATIONS

Please join us for SAJSS' Food for Thought Lunch Program, in partnership with the Barshop JCC.

**WEDNESDAY, AUGUST 19**

**11:30 AM - 1:00 PM**

$18 per person • Barshop JCC

12500 NW Military Hwy, San Antonio, TX 78231

## Learn about:

- Safely managing prescriptions
- Understanding body changes affecting medicine
- Preventing harmful, potentially fatal, drug combos



## Featured Speakers:



**Dr. Neela Patel**
*Board certified geriatrician with Glenn Biggs Institute at UTHSC, and Director of UT medicine Senior Health*



**Dr. Steve Saklad**
*Clinical Pharmacist specializing in Psychiatric Pharmacy, and Adjunct Clinical Professor at UTHSC & UT Austin*

# Please join recent donors in supporting SAJSS!

### In Support of SAJSS Programming:

Susan Albert
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Marc & Lauren Ross
Rivka Schechter
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### In Honor of:

*Harold Berg's Special Birthday* – Reesa Pullen
*Mel Topp, a speedy recovery* – Roselle Simon Lebo
*Rivka Schechter's Birthday* – Allan Smith
*Rabbi Wayne Franklin's Birthday* – Allan Smith
*Fred Zeidman's Birthday* – Allan Smith
*Gordon Franklin's Birthday* – Allan Smith
*Barbara & Roger Lyons' Anniversary* – Stacey & Adam Schwartz
*Craig & Margaret Gofman Klein's Anniversary* – Stacey & Adam Schwartz
*Sandra & Fred Kline's Anniversary* – Stacey & Adam Schwartz

### In Memory of:

*Sidney Gold* – Pam Gold
*Ida Katz on her Yahrzeit* – Karen Williams
*My Father* – Michael Lyvers
*Maya Jacobs Gammon* – Sandra & Fred Kline
*Willam Ham* – Allan Smith
*Ruben & Rosi Langbaum* – Guido Langbaum
*David White on his Yahrzeit* – Andrea White

*To support SAJSS today:*
**sajss.com/donate**
**or (210) 616-4811**

Everyone is invited for

# SAJSS Day at the Zoo!

SAJSS
San Antonio Jewish Senior Services

**DEADLINE TO PURCHASE:** Monday, Aug. 3

## Thursday, August 6

Meet at the Zoo at 9:00 am

*This is an intergenerational event, open to all!*

SAN ANTONIO ZOO



**TWO OPTIONS FOR PURCHASE:**

**Single Day Pass**
*Locals Day special*
**$8 per person**

**Discount Zoo Membership**
*valid thru July 2027*
**$30 per person**

Registration required
Must RSVP by Aug. 3

RSVP ONLINE

# SAJSS & Partner Organization Events: August 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 2<br>• **10a** Hadassah-JCC Mah Jongg | 3 | 4<br>• **12p** JCC Senior Lunch<br>• **1p** SAJSS Grief Support Group<br>• **2:15p** SAJSS Caregiver Support Group | 5<br>• **12p** JCC Senior Lunch<br>• **3p** JFSA Maimonides Blood Drive | 6<br>• **9a** SAJSS Day at the Zoo<br><br>• **12p** JCC Senior Lunch<br>• **5:30p** Agudas Monthly Nosh dinner | 7 | 1<br>8 |
| 9<br>• **10a** Hadassah-JCC Mah Jongg<br>• **1:30p** Cong. Shalom Mah Jongg Club | 10 | 11<br>• **12p** JCC Senior Lunch | 12<br>• **12p** JCC Senior Lunch | 13<br>• **11a** SAJSS Jewish Chats at Adante Ind. Liv.<br>• **12p** JCC Senior Lunch<br>• **12:30p** Israeli Chabad Lunch+Learn<br>• **6:30p** Agudas Rosh Chodesh Elul | 14<br>• **6p** Agudas Cong. Shabbat Dinner | 15<br>• **12:30p** TBE Tekiah! Lunch+Learn |
| 16<br>• **10a** Hadassah-JCC Mah Jongg<br>• **11a** Cong. Shalom Book Club | 17 | 18<br>• **12p** JCC Senior Lunch<br>• **1p** SAJSS Grief Support Group<br>• **2:15p** SAJSS Caregiver Support Group | 19<br>• **11:30a** SAJSS-JCC Food for Thought Lunch: Managing Medications<br> | 20<br>• **12p** JCC Senior Lunch<br>• **12:30p** Israeli Chabad Lunch+Learn | 21<br>• **6p** Agudas Shabbat in the Round<br>• **6:45p** Cong. Shalom No-Host Dinner following services | 22<br>• **12:30p** TBE Tekiah! Lunch+Learn<br>• **1:30p** Cong. Shalom Mah Jongg Club |
| 23<br>• **9a** Jewish War Veterans Board Meeting<br>• **9a** Agudas High Holiday silver polishing<br>• **10a** Hadassah-JCC Mah Jongg<br>• **1p** Cong. Shalom Tallit Making Workshop | 24 | 25<br>• **12p** JCC Senior Lunch<br>• **7p** JCC "The Ring" film showing | 26<br>• **12p** JCC Senior Lunch | 27<br>• **10:45a** SAJSS Jewish Chats at Madison Estates<br>• **12p** JCC Senior Lunch<br>• **12:30p** Israeli Chabad Lunch+Learn<br>• **6:30p** Agudas Sweet New Year Dinner | 28<br>• **6:30p** TBE Shabbat Luau | 29<br>• **12:30p** TBE Tekiah! Lunch+Learn<br>• **6p** Cong. Shalom Havdalah Social Gathering |
| 30<br>• **8a** Agudas Movie Bundle Blood Drive<br>• **10a** Hadassah-JCC Mah Jongg<br>• **12p** HMMSA Survivor Speaker with Varda Ratner | 31 | **SAVE THE DATES!**<br>• **Thursday, Sept. 10** - *SAJSS Rosh Hashanah deliveries*<br>• **Monday, Sept. 28, 11:30 am** - *SAJSS-Agudas Achim Sukkot Lunch*<br>• **Thursday, Oct. 1, 10:30 am** - *SAJSS Visit to the SA Botanical Garden*<br>• **October 7-13:** *SAJSS-HMMSA Jewish Heritage Journey to Poland* + **Oct. 13-18:** *Israel Extension*<br>• **Wednesday, Nov. 18, 11:30 am** - *SAJSS End of Year Celebration*<br>If you, or someone you know, served in the US military, and would like to be recognized at this event, please let us know. | | | | |

See next page for full event details, partner contact information, and additional programs.

# SAJSS & Partner Organization Events: August 2026

## Coming up at SAJSS:

Contact SAJSS Program Manager, Sandra Wadiche:
(210) 616-4811; sandraw@sajss.com

*Complimentary **SAJSS Transportation** for SAJSS programs based on availability:* **sajss.com/transportation** or 210-616-4811.

**COMMUNITY MEMBERS WELCOME AT ALL SAJSS PROGRAMS**

**Tuesdays, August 4 & 18** (SAJSS)
**1:00 pm** - ***Grief Support Group***
**2:15 pm** - ***Caregiver Support Group***

**Thursday, August 6, 9:00 am**
***SAJSS Day at the Zoo***
Advanced registration required

**Thursday, August 13**
**11:00 am** (Ind. Living only)
***SAJSS Jewish Chats at Adante***

**Weds., August 19, 11:30 am** (JCC)
***SAJSS-JCC Food for Thought Lunch: Managing Medications***
Advanced registration required

**Thursday, August 27, 10:45 am**
***SAJSS Jewish Chats at Madison***

**Thursday, September 10**
***SAJSS Rosh Hashanah Deliveries***
Answer SAJSS calls to receive yours

## SAVE THE DATES!

**Monday, September 28, 11:30 am**
***SAJSS-Agudas Achim Sukkot Lunch***

**October 7-13**: ***SAJSS-HMMSA Jewish Heritage Journey to Poland***
**+ Oct. 13-18**: ***Israel Extension***

**Thursday, October 1, 10:30 am**
***SAJSS Visit to the Botanical Garden***

**Weds., Nov. 18, 11:30 am** (JCC)
***SAJSS End of Year Celebration***

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**Barshop Jewish Community Center**
(210) 302-6860; jccsanantonio.org; rams@jcc-sa.org (Sarah)

**Wednesday, August 19, 11:30 am** (JCC)
***SAJSS-JCC Food for Thought Lunch: Managing Medications***
Advanced registration required

**Tuesday, August 25, 7:00 pm**
***"The Ring" film showing***

**Tues., Wed., Thurs., 12:00 pm**
***Senior Lunch***

**Chabad of Boerne**
(830) 368-5008; JewishBoerne.org

**Friday Night Shabbat Services**

**Chabad La Cantera/Israeli Chabad**
(210) 877-4218; israelichabadsa.com

**Sat. Shabbat Services, 10:00 am**

**Chabad Jewish Life & Learning Center**
(210) 764-0300; chabadsa.com

**Congregation Agudas Achim**
(210) 479-0307; agudas-achim.org

**Friday Shabbat Services, 6:00 pm**

**Thursday, August 6, 5:30 pm**
***Monthly Nosh Dinner***

**Thursday, August 13, 6:30 pm**
***Women's Rosh Chodesh Elul***

**Friday, August 14, 6:00 pm**
***Congregational Shabbat Dinner***

**Friday, August 21, 6:00 pm**
***Shabbat in the Round new prayer exp.***

**Sunday, August 23, 9:00 am**
***High Holidays Silver Polishing***

**Thursday, August 27, 6:30 pm**
***A Sweet New Year Dinner***

**Congregation Agudas Achim cont.**
(210) 479-0307; agudas-achim.org

**Sunday, August 30, 8:00 am**
***Movie Bundle Blood Drive***

**Tuesdays, 9:00-11:00 am**
***Rummage Sale collections***

Save the Date: **Mon., Sept. 28, 11:30 am**
***SAJSS-Agudas Achim Sukkot Senior Lunch***

**Congregation Beth Am**
Wkly details: hbmbtx@gmail.com
General: Kurzban.ruiz@gmail.com; stanwendre@gmail.com; bethamsatx.org

**Shabbat Services**: **First Friday, 6:30 pm**
**Saturdays** (except First Sat.), **10:00 am**

**Congregation Rodfei Sholom**
(210) 493-3557; rodfeisholom.com

**Congregation Shalom-SA**
info@shalomsa.org; shalomsa.org

**Fridays, August 7, 14, 21, 6:45 pm**
***Shabbat Svcs. (no-host dinner 8/21)***

**Sun., Aug. 9 / Sat., Aug. 22, 1:30 pm**
***Mah Jongg Club***

**Sun., Aug. 16, 11:00 am - *Book Club***

**Sunday, August 23, 1:00 pm**
***Tallit Making Workshop***

**Saturday, August 29, 6:00 pm**
***Havdalah and Social Gathering***

**Hadassah-SA**
Facebook.com/SanAntonioHadassah; hadassah.org

**Hebrew Free Loan Association-SA**
(210) 736-4352; hfla-sa.org

Loans for Jewish older adults available through ***SAJSS-HFLA Older Adult Loan Fund*** and HFLA-Ohr Lanu Medical Loan Fund

**Jewish Family Service-SA**
(210) 302-6920; jfs-sa.org

***Senior case management and counseling***

**Jewish Federation of SA**
(210) 302-6960; jfsatx.org

**Wednesday, August 5, 3:00 pm**
***JFSA Maimonides Blood Drive***

**Holocaust Memorial Museum-SA**
(210) 302-6807; hmmsa.org
Open: M-F 9:00a-3:00p, Sun. 1:00-4:00p

**Sunday, August 30, 12:00 pm**
***Survivor Speaker: Varda Ratner***

**October 7-13: *SAJSS-HMMSA Jewish Heritage Journey to Poland***
**+ October 13-18: *Israel Extension***

**Jewish War Veterans Post 753-SA**
jsheines@swbell.net; (210) 616-4811

***SAJSS-JWVP Joint Fund*** available to support Jewish veteran transportation: sajss.com

**Sunday, August 23, 9:00 am**
***Board Meeting***

**National Council of Jewish Women-SA**
susan@conbriobeads.com; iamawiner@gmail.com; ncjwsa.org

**Starr Family Jewish Day School**
(210) 607-7261; starrjds.com

**Temple Beth-El**
(210) 733-9135; beth-elsa.org

**Saturdays, Aug. 15, 22, 29, 12:30 pm**
***Tekiah! Lunch & Learn w/ Cantor Ettinger***

**Friday, August 28, 6:30 pm**
***Shabbat Luau***

# SAJSS Program Highlights

## SAJSS Painting with a Twist

21 amateur artists gathered at *Painting with a Twist* to create a "Field of Daisies." All the paintings turned out great! Thank you to **Alison Stavis** and **Terri Davis** for your contributions and help at the event.













## SAJSS Jewish Chats at Adante

SAJSS constituent and singer/songwriter, **Roy Kamin**, visited with the residents of Adante Independent and Assisted Living, singing his original songs about Judaism and one in honor of USA's 250th birthday. Thank you to Roy for a fun day and to **Claire Morrow, Reesa Pullen, Rivka Schechter,** and **Harriet Shpiner** for delivering Shabbat packages.



## SAJSS Jewish Chats at Madison

This summer, we hosted ***SAJSS Jewish Chats*** with Madison Estates residents. In May, **Hannah Margolis** chatted about her weaving experience and showed some of her Judaic creations. In June, **Roy Kamin** sang two original songs, written and performed at congregations around the country: *Peace in Own Time* and *Paths of Righteousness*. In July, **Rabbi Mara Nathan,** of **Temple Beth-El,** visited with a small group about her recent trip to Israel and the things she saw in the West Bank and near the Gaza border. Thank you Hannah, Roy, and Rabbi Nathan for sharing your mornings with us!









San Antonio Jewish Senior Services (SAJSS)

# JEWISH CHATS

**Thursday, August 13, 11:00 am**
**at Independent Living**

**Adante Senior Living**
2702 Cembalo Blvd

**Thursday, August 27, 10:45 am**

**Madison Estates**
8645 Fredericksburg Rd

**FRIENDS, FAMILY, AND COMMUNITY MEMBERS WELCOME!**

SAJSS
San Antonio Jewish Senior Services

# VOLUNTEER WITH SAJSS

this Rosh Hashanah!

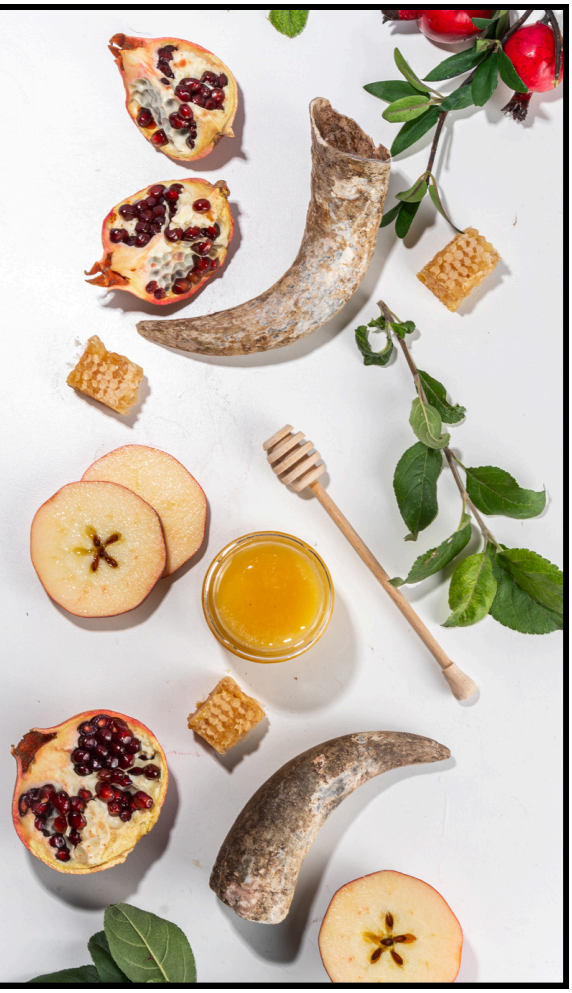
Bring joy to older adults for Rosh Hashanah!

- Assemble and prepare special packages
- Have a car? Make deliveries with us on **THURSDAY, SEPTEMBER 10**

Contact Sandra for more information:
**(210) 616-4811 or sandraw@sajss.com**

SAJSS
San Antonio Jewish Senior Services

*Be sure to answer SAJSS phone calls to receive your special package!*



# This year, plant seeds for a brighter Jewish future.

## Consider becoming a

## Life & Legacy™

## donor and inscribe your Jewish Legacy in the Book of Life!

"[We] have made Life & Legacy commitments to SAJSS as a testament to our belief in the important work the organization does in our community."

**~ Anatole & Sherie Trakhtenbroit**

"[SAJSS] activities keep us Jewish seniors feeling a part of the community... I want future generations to benefit from all the services SAJSS is providing to the Jewish community."

**~ Roselle Simon Lebo**












## Thank you, SAJSS Life & Legacy® Donors!

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Barbara Lyons

Roger Lyons
Selma Mintz
Janice & Mark Penner
David* & Marjorie* Present
Reesa Rabinowitz Pullen
Roslyn Rabinowitz Pullen
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*+2026 new donor*
**of blessed memory*

Life & Legacy™
ASSURE JEWISH TOMORROWS

## Interested in Becoming a Life & Legacy® Donor?

- All income levels are eligible, and immediate payment is NOT required
- Option to support multiple organizations with one Legacy agreement
- Gifts of $1,000+ may be made now or through your will, trust, retirement account, or life insurance policy

*Visit **sajss.com/legacy** for details and to complete your Letter of Intent.*

SAJSS
San Antonio Jewish Senior Services

# Support Groups



Facilitated by
***Renee Glazier, MBA***
Ret. Certified Geriatric Care Manager

**GRIEF SUPPORT | 1:00 PM**
*Share memories, learn strategies to cope with the death of someone dear, find support from others experiencing loss*

**CAREGIVER SUPPORT | 2:15 PM**
*Share ideas, learn tools for providing care for a loved one, find rejuvenation and support among peers*

**MEET ON TUESDAYS:**
August 4 & 18
September 1, 15, & 29

- Open to everyone in the community
- RSVP Preferred: (210) 616-4811
- Meet at SAJSS: 13409 NW Military Hwy, Suite #210




# Jewish Heritage Journey to Poland

*Sponsored by* ***San Antonio Jewish Senior Services (SAJSS) & Holocaust Memorial Museum of San Antonio (HMMSA)***

*Explore the beauty and tragedy of Polish Jewry: 13th Century to Today*

**October 7 – 13, 2026 (7 days / 6 nights)**
**Stops include:** Warsaw, Lodz, Auschwitz, Treblinka, Krakow, & more

***Unique 5-day optional extension in Israel***

Total, all-inclusive land portion = **$3,475**

Registration & more details available TODAY: sajss.com/poland

Primary Contact:
Stacey Kline Schwartz
StaceyS@sajss.com

SAJSS San Antonio Jewish Senior Services | Holocaust Memorial Museum of San Antonio

## SAJSS Transportation

SAJSS offers transportation for adults 60+ in the Jewish community for appointments and events.

Please reserve at least ONE WEEK in advance; rides subject to availability. To request a ride: **sajss.com/transportation** or **(210) 616-4811**



## SAJSS-HFLA Senior Loan Fund

Older adult loans are available, up to $6,000 for 50 months; no interest, no fees.

**Hebrew Free Loan Association of San Antonio**
**hfla-sa.org** or **(210) 736-4352**

SAJSS San Antonio Jewish Senior Services

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G*MACH Giving Medical Apparatus from Caring Hearts

Medical equipment available to those in the Jewish community to borrow for a limited period
**AT NO CHARGE!**

**Call Rivka: (210) 286-8893**


SAJSS
San Antonio Jewish Senior Services
13409 NW Military Hwy., #210, SAT 78231
(210) 616-4811 • www.sajss.com


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