



SHANA TOVA
Have a healthy, sweet New Year!

HIGH HOLY DAYS 2023 • 5784

This year, most of the High Holy Days fall in September. These include Rosh Hashanah, Yom Kippur, and Sukkot. What are the High Holy Days and how might we prepare for them?

As Rabbi Benjamin Blech writes in his article *For God's Sake*, "Rosh Hashanah and Yom Kippur are just the 'bookends' for a ten-day period of repentance...for us to appreciate where we've gone wrong in the past and to concentrate on how we can improve in the future." He further explains that each of these 10 days is devoted to one of the 10 Commandments.

Individually, according to Rabbi Nechemia Coopersmith, this is the time "to recalibrate your goals and get ready to make your presentation to the Boss <God> Himself."

At SAJSS, during this auspicious time, we prepare hundreds of special holiday packages for special delivery by dozens of volunteers just before Rosh Hashanah. Why do we prepare and deliver these gifts to hundreds of older adults? We do so to remind you that you are not alone, that we are here, and that we care. We do so to bring joy, Judaism, and community to each of you.

On Thursday, September 14, SAJSS will be delivering to more than 400 households!

Thank you, Sandra Wadiche, for spearheading this. Thank you, dedicated volunteers, for delivering. Thank you, partners, for contributing to these holiday packages along with SAJSS: Chabad Center for Jewish Life & Learning, Congregation Rodfei Sholom, H-E-B, Hebrew Free Loan Association of SA, Jewish Federation of SA, Temple Beth-El, and other donors in our community (see Donation Page).

Rosh Hashanah, the Jewish New Year

Starts Friday evening, September 15, and continues through Sunday night, September 17.
Rosh Hashanah is a two-day holiday, even in Israel, where other holidays are celebrated for one.

Yom Kippur, the Day of Atonement

Starts with Kol Nidre Sunday evening, September 24, and concludes with Neilah Monday night, September 25.

Sukkot, the Harvest Festival/Festival of Booths

Begins Friday evening, September 29, and goes through Friday night, October 6, leading into Shemini Atzeret and Simchat Torah, Saturday, October 7, and Sunday, October 8.

NOTE: The SAJSS Office will be closed Monday, September 25 in observance of Yom Kippur.

Thank you to our recent donors!

In Support of SAJSS Programming:

Dorothy Blackshear
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In Honor of the High Holy Days:



Stan & Wendy Drezek
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In Honor of:

Lety Vargas' 26th Work Anniversary – Sidney & Darlene Lestz
Marion & Henry Bernstein, Gary Kurzban, & Nancy Oseasohn for
keeping Congregation Beth Am viable – Stan & Wendy Drezek
Fred & Sandy Kline's Anniversary – Frances Ravicz, Reesa Pullen
Stephen Saklad, PharmD's Retirement – Bette Cochefski
Our granddaughter Hazel Pearl Schulman's Birth – Tova & Jim Eisenberg
Stacey & Adam Schwartz's Anniversary – Stacey & Adam Schwartz
Alvin Loewenberg's Birthday – Stacey & Adam Schwartz

In Memory of:

Eleanor Beldon Komet – Leslie & Adam Ausburn
Ruben & Rosi Langbaum – Guido Langbaum
Marsha Schneider, my sister – Freida Donzis

A donation is a wonderful way to honor or remember a loved one.

To make your gift, visit sajss.com/donate, call (210) 616-4811, or mail to "SAJSS":
13409 NW Military Hwy., #210, San Antonio, Texas 78231

SAJSS SUPPORT GROUPS ARE BACK!

TUESDAYS:

Sept. 19,

Oct. 3, 17, and 31

Nov. 14 and 28



GRIEF SUPPORT: 1:00 pm

CAREGIVER SUPPORT: 2:15 pm

Open to anyone in the community who has
suffered a loss or is caring for a loved one.

Facilitator: Renee Glazier, BS, MBA

RSVP required: (210) 616-4811 or sandraw@sajss.com

Groups meet at the SAJSS office: 13409 NW Military Hwy., #210, SAT 78231



SAJSS Sponsored & Partner Organization Events: September 2023



San Antonio Jewish Senior Services

Contact Sandra for SAJSS program details: (210) 616-4811; sandraw@sajss.com

Complimentary *SAJSS transportation* available for SAJSS programs with one-week advanced booking: Lety (210) 616-4811 or sajss.com/transportation

Wed., Sept. 6, 10 am-3 pm (Campus)
Visit the SAJSS booth at the *Silver Solutions Community Resource Fair* hosted by Jewish Family Service of SA

SAVE THE DATE:

Tuesday, Nov. 7, 1:00 pm (Campus)
Banana Bread Bake with Eileen Jalnos & Reesa Pullen
Co-Sponsored by SAJSS & JFSA

Thursday, Sept. 14

With the help of dozens of dedicated volunteers, SAJSS will deliver *special Rosh Hashanah packages* to more than 400 Jewish households. If you have not already confirmed your delivery, contact Sandra (210) 616-4811. If you would like to help make deliveries, contact Sandra: sandraw@sajss.com.

Tuesday, Sept. 19, 1:00 pm

SAJSS Grief Support Group
SAJSS conference room

Tuesday, Sept. 19, 2:15 pm
SAJSS Caregiver Support Group
SAJSS conference room

No *SAJSS Jewish Chats* this month but we'll see you next month.

Barshop Jewish Community Center

For details, Isabel: (210) 302-6860; resendezi@jcc-sa.org. RSVP required.

Friday, Sept 1, 10:30 am - Karaoke

Tuesdays, Sept. 5, 12, 19, & 26, 6:30 pm
Wednesdays, Sept. 6, 13, 20, & 27, 10:30 am
Drop in Mah Jongg

Wednesdays, Sept. 6-Oct. 11, 6:30 pm
Beginner Mah Jongg (Fee)

Friday, Sept. 8, 10:00 am - Silver Cinema

Tuesdays, Sept. 12-Nov. 7, 9:30 am
Beginner Bridge (Fee)

Thurs., Sept. 21, 10:15 am - Cooking w/ Bubby

Tues., Thurs., & Fri., 12:00 pm
Senior Lunch

Chabad Center for Jewish Life & Learning

For details: (210) 764-0300; chabadsa.com; info@chabadsa.com.

No *Sunshine Club*, see you in October.

Chabad La Cantera

For details: (210) 877-4218; israelichabadsa.com

Saturdays, 10:00 am - Shabbat Services

Congregation Agudas Achim

For details: (210) 479-0307; agudas-achim.org; rsvp@agudas-achim.org.

Friday night services, 6:00 pm

High Holy Days Schedule:
agudas-achim.org/high-holidays-2023-5784

Sat., Sept. 9, 8:00 pm - Selichot

Sat., Sept. 23, 9:15 am - Shabbat Shuva

Sun., Sept. 24 - Memorial Services
11:00 am (Memorial Gardens Cem.)
1:00 pm (Palmetto Historic Cem.)

Babysitting by RSVP only

Congregation Beth Am

For details: bethamsatx.org.

Congregation Rodfei Sholom

For details: (210) 493-3557; rodfeisholom.com; rodfeisa@gmail.com.

Wednesday, Sept. 6, 7:00 pm
The Zee Fisher Rodfei Sholom Book Club

Tuesdays, Sept. 5-Oct. 17, 7:00 pm (Campus)
Melton Course: Marking Time the Jewish Way

Congregation Shalom of SA

For details: shalomsa.org.

Fridays, 6:45 pm
Shabbat Services (in-person/virtual)

High Holy Days Schedule (in-person/virtual):
shalomsa.org/high-holy-days/, reg/ID req.

Hebrew Free Loan Association SA

Loans are available for Jewish older adults through the *SAJSS/HFLA Older Adult Loan Fund* and *HFLA-SA Ohr Lanu Medical Loan Fund*: (210) 736-4352, hfla-sa.org.

Jewish Family Service of SA

For senior case management and counseling: (210) 302-6920; jfs-sa.org.

Wed., Sept. 6, 10:00 am-3:00 pm (Campus)
Silver Solutions Community Resource Fair
Information & resources for older adults, caregivers, & families

Jewish Federation of SA

For details: (210) 302-6960; jfsatx.org.

Indigent Burial Fund to help cover burial costs for those without family or the ability to pay for this final mitzvah.

Wed., Sept. 6, 5:00 pm (Santikos Embassy)
A Father's Kaddish
Dinner following (Max & Louie's)

Thurs., Sept. 21, 11:30 am (Torchy's Tacos)
Women's Philanthropy Ladies Who Lunch

Jewish War Veterans Post 753 of SA

SAJSS/JWVP Joint Fund is available to support Jewish veteran transportation: (210) 616-4811 or SAJSS.com.

National Council of Jewish Women SA

For details: ncjwsa.org.

Thursday, Sept. 7, 6:30 pm (Adante)
Opening mtg: State Rep. Trey Martinez Fisher
Perspective on the Texas Legislature 88th Session plus Q&A. Light refreshments. Please bring donation of period pads or baby wipes. RSVP by 9/4: wsgeisler@me.com

OASIS San Antonio

Silver Connect partners older adults with volunteers. For details: (210) 236-5954; gbrown@oasisnet.org, and for classes: store.oasiseverywhere.org.

San Antonio Hadassah

For details: hadassah.org; facebook.com/SanAntonioHadassah.

Senior Living Facilities

We look forward to bringing you *special Rosh Hashanah packages* this month!

Temple Beth-El

For details: (210) 733-9135; beth-elsa.org.

Friday, Sept. 1, 12:30 pm
Temple Takeover (UTSA Inst. Of Tex. Cult.)

Saturdays, Sept. 2 & 9, 11:45 am
Mussar Lunch-n-Learn
Details: ross@beth-elsa.org

Friday, Sept. 8, after services
Back in the Dome BBQ
For details: Tinyurl.com/welcomebbq2023

Monday, Sept. 18, 7:00 pm, location TBD
TBE & Antioch Book Club, The Color of Water
by James McBride
Details: marsha@mdkconsultinggroup.com

High Holy Days Schedule:
beth-elsa.org/high-holy-days/

SAJSS PROGRAM HIGHLIGHTS

Thank you, Rabbi Nathan, for chatting with residents at Adante and Madison last month.



SAJSS Jewish Chats We look forward to seeing you all again in the new year!

Stay tuned for our next *Game ON* in December! **SAJSS Game ON**



This year, plant seeds for a brighter Jewish future!

Consider becoming a

LIFE & LEGACY®

donor and inscribe your Jewish Legacy in the Book of Life!

- All income levels are welcome to participate
- Immediate payment NOT required
- Option to support multiple organizations with one LEGACY agreement
- Your gift of \$1,000 or more may be made now or through your will, trust, retirement account, or life insurance policy



"SAJSS needs the resources to serve our community's older adults in the decades ahead. I have made the commitment to leave a Legacy gift to SAJSS... and help ensure that SAJSS is here to serve older adults for decades to come."

– Debby Zucker, LIFE & LEGACY® donor

Thank you to the SAJSS LIFE & LEGACY® donors! Your commitment to sustaining San Antonio Jewish Senior Services will ensure resources for future generations of older adults.

Susan R. Albert
Charlotte Sue Alterman
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For information on leaving a Jewish Legacy to San Antonio Jewish Senior Services (SAJSS), call (210) 616-4811 or visit sajss.com/legacy.



Dear Friends,

Shana tova! For 55 years, **San Antonio Jewish Senior Services (SAJSS)** has responded to the evolving needs of our constituents and kept you connected to the greater San Antonio Jewish community. We ask for your support, this High Holy Day season, so we may build on the success of our recent endeavors including:

- Vital **transportation** to activities and services in the Jewish community and to healthcare appointments
- **Challah** for Shabbat and **special treats** for Rosh Hashanah, Chanukah, Purim, Passover, & Shavuot
- Fun, **socialization**, & cultural enlightenment while playing games, visiting museums, or baking holiday treats
- **Jewish enrichment** with local clergy and other guests
- Special programs featuring experts in Fall Prevention, Elder Fraud Prevention, and additional topics related to **aging healthily**

Wishing you a very happy, healthy,
and prosperous new year!



\$5,000 Pomegranate Sponsor

\$1,800 Apples & Honey Sponsor

\$613 Gefilte Fish Sponsor

\$180 Round Challah Sponsor



We need your help during these High Holy Days and hope you will give generously to help SAJSS continue serving the older adults in our community with kindness, respect, and vital programs.

To make your High Holy Day gift, call the SAJSS office at **(210) 616-4811**, or visit [sajss.com/donate](https://www.sajss.com/donate).

Thank you for keeping older adults connected to the Jewish community during this meaningful season!

SAJSS High Holy Days Transportation

Holidays are extra busy for SAJSS Transportation Program, so please remember to call at least ONE WEEK ahead to reserve your ride. Rides are subject to availability and filled on a first come, first served basis.

For more information or to request **SAJSS Transportation**:
[sajss.com/transportation](https://www.sajss.com/transportation) or call Lety: **(210) 616-4811**.



San Antonio Jewish Senior Services

13409 NW Military Hwy., #210, SAT 78231
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The SAJSS staff is available
M-F 8:30 am-5:00 pm.



G'MACH
Giving Medical Apparatus
from Caring Hearts

The medical G'MACH lends wheelchairs, rollators, walkers, shower chairs, etc., for **FREE** to those in the Jewish community in need of assistance for a limited period.

To request or donate equipment,
please call (210) 479-5422.

HIPAA laws and privacy respected.